



Golden Age Activity Centre



212 Raglan St. S




Renfrew

613-431-8289

Open 10am – 3pm

For Seniors 50 and Over

~ November 2017 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Plan to attend the Spaghetti Fundraising Dinner Friday, November 3rd from 12 to 3 Entertainment Begins at 1:00 with “The Classic Roots Trio” Katie Skerkowski, Bobby Schwartz & Kent Smith Tickets \$10 each at the Centre – Take out avail. Call ahead Thank you for your support</p>			<p>1 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games</p>	<p>2 10:00 Organized Bridge (Please call ahead) 1:00 Wii Bowling RASHS HEALTH FAIR 2:00 – 6:00 St. FX Church Hall</p>	<p>3 Fundraising Spaghetti Dinner \$10 Includes: Spaghetti, salad, bun, dessert, tea or coffee and entertainment at 1:00 War Time Songs Performed by “The Classic Roots Trio”</p>	<p>4 Daylight Savings Time Turn your clock Back 1 hour tonight</p>
<p>5</p>	<p>6 11:00 Fitness 1:00 Cards, Puzzles & Games Learn to play Euchre – Free -</p>	<p>7 Craft Day 10:00 Carving 10:00 Rag Rug class 1:00 Board Games 1:00 Christmas craft “Baskets of Love” Sign up ahead of time</p>	<p>8 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games</p>	<p>9 10:00 Organized Bridge (Please call ahead) 1:00 Music by Limited Edition</p>	<p>10 11:00 Fitness 12:00 Grilled Cheese Lunch \$6 1:00 Entertainment By Dave Hurley Country Variety</p>	
<p>12 OACAO Conference</p>	<p>13 11:00 Fitness 1:00 Cards, Puzzles & Games Learn to play Euchre – Free -</p>	<p>14 10:00 Carving 10:00 Rag Rug class 1:00 Ren. Cty Geriatric Day Hosp Presents Brain Health Part II Angela Stiller, MSc.OT</p>	<p>15 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games</p>	<p>16 10:00 Organized Bridge (Please call ahead) 1:00 Wii Bowling</p>	<p>17 11:00 Fitness 12:00 Lunch \$8 Ham & Beans 1:00 Hunter’s Ball with Guy Jamieson & Friends</p>	
<p>19</p>	<p>20 11:00 Fitness 1:00 Bingo</p>	<p>21 10:00 Carving 1:00 Christmas Craft “Baskets of Love” Sign up ahead of time</p>	<p>22 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games</p>	<p>23 10:00 Organized Bridge (Please call ahead) 1:00 Wii Bowling</p>	<p>24 11:00 Fitness 12:00 Turkey pie Lunch \$6 1-3pm Wellness Clinic Christmas Shopping Adventure 5 until 10 RCAF Wing</p>	
<p>26</p>	<p>27 11:00 Fitness 1:00 Cards, Puzzles & Games Learn to play Euchre – Free -</p>	<p>28 10:00 Carving 1:00 Board Games 2:00 Pharmacy Hour</p>	<p>29 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games</p>	<p>30 10:00 Organized Bridge (Please call ahead) 1:00 Kerri the Storyteller Christmas in the Back of Beyond</p>	<p>Check out our “Christmas Shopping Adventure” at the RCAF Wing on Fri. Nov 24th FREE ADMISSION 5pm to 10pm *Vendors * Food * Silent Auction* * 50/50 Draw * Penny Auction * Bake Sale * * Bring a friend and support your Centre *</p>	