



Golden Age Activity Centre





212 Raglan St. S

Renfrew

613-431-8289

Open 10am – 3pm

| For Seniors 50 and Over ~ October 2017 ~ | | | | | | |
|--|--|---|---|---|--|---|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| 1 | 2 11:00 Fitness 1:00 Cards, Puzzles & Games Learn to play Euchre – Free – | 3 10:00 Carving 11:00 Computer Club 1:00 Thanksgiving Table Craft | 4 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre, Euchre and Games | 5 10:00 Organized Bridge (Please call ahead) 1:00 Prep for dinner | 6 11:00 Fitness Cancelled 12:00 Turkey Dinner \$12 1:00 Entertainment Don Maclsaac | 7 |
| 8 | 9 Closed Today  | 10 10:00 Carving 11:00 Computer Club 1:00 Board Games | 11 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre, Euchre and Games | 12 10:00 Organized Bridge (Please call ahead) 1:00 Wii Bowling | 13 11:00 Fitness 12:00 Mac 'n Cheese Lunch \$6 1:00 Entertainment by Frank & Friends | 14  |
| 15 | 16 11:00 Fitness 1:00 Cards, Puzzles & Games Learn to play Euchre – Free – Victorian Tea by CLRS \$10 per person for table of 8 | 17 10:00 Carving 11:00 Computer Club 1:00 Dominos | 18 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre, Euchre and Games | 19 10:00 Organized Bridge (Please call ahead) 1:00 Ren Cty Mobile Ger Hosp presents Influenza & Handwashing | 20 11:00 Fitness 12:00 Chicken & Rice \$7 1:00 Entertainment by Gaston Morreau <i>Country Classics</i> <i>Rock 'n Rock</i> | 21 |
| 22 | 23 11:00 Fitness 1:00 Cards, Puzzles & Games Learn to play Euchre – Free – | 24 10:00 Carving 11:00 Computer Club 1:00 Cruising Travelogue with Jim Panton | 25 11:00 Fitness 11:45 Soup & Bun Lunch \$5 12:45 Bid Euchre Tournament \$10 (Includes lunch) | 26 10:00 Organized Bridge (Please call ahead) 1:00 Kerri the Storyteller | 27 11:00 Fitness 12:00 Hot Dog Lunch \$6 1:00 St. Thomas Apostle School Choir <i>Sings for You</i> 1-3pm Wellness Clinic | 28 |
| 29 | 30 11:00 Fitness 1:00 Halloween Bingo | 31 11:00 Computer Club 1:00 Halloween Word Scramble 2:00 Pharmacy Hour | Get ready for a busy November.... Help support the Centre at the Fundraising Spaghetti Dinner Nov 3 rd with entertainment by “The Classic Roots Trio” only \$10 – Get your tickets early Plan to attend the Christmas Shopping Adventure on Nov 24 th at the RCAF Wing All proceeds to the Centre | | | |