



Golden Age Activity Centre

212 Raglan St. S




Renfrew

613-431-8289

Open 10am – 3pm

For Seniors 50 and Over

~ January 2018 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 	2 10:00 Carving 1:00 Yahtzee and Games	3 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games	4 10:00 Organized Bridge (Please call ahead) 1:00 Wii Bowling	5 11:00 Fitness 12:00 Mac 'n Cheese lunch \$6 1:00 Entertainment By Don MacIsaac	6
7	8 11:00 Fitness 1:00 Cards, Puzzles & Games and Bid Euchre	9 10:00 Carving 1:00 Movietime	10 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games	11 10:00 Organized Bridge (Please call ahead) 1:00 Dominos	12 11:00 Fitness 12:00 Beans & Weiners \$6 1:00 Music by Limited Edition	13
14	15 11:00 Fitness 1:00 Cards, Puzzles & Games and Bid Euchre	16 10:30 – 11:30 Queen Elizabeth School Gr2 Visit 1:00 Karaoke	17 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games	18 10:00 Organized Bridge (Please call ahead) 1:00 Ren. Cty Mobile Geriatric Day Hospital presents Session on Depression	19 11:00 Fitness 12:00 Breakfast Casserole \$6 1:00 Sing-along with Donna Jones 	20
21  Get your tickets early for the Robbie Burns Party on the 24th	22 11:00 Fitness 1:00 Cards, Puzzles & Games and Bid Euchre	23 9:00 Volunteer Meeting 10:00 Carving 1:00 Dominos Prep for the party	24 11:00 Fitness Robbie Burns Day Party with Guy Jamieson Piping in of the Haggis at 12:15 Lunch \$8 to follow Entertainment begins at 1:15	25 10:00 Organized Bridge (Please call ahead) 1:00 Kerri the Storyteller	26 11:00 Fitness 12:00 Chicken Wraps \$6 1:00 Entertainment by Jim & Willy 1:00 Wellness Clinic	27
28	29 11:00 Fitness 1:00 Cards, Puzzles & Games and Bid Euchre	30 10:00 Carving 1:00 Dominos 2:00 Pharmacy Hour	31 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games	As 2018 begins may peace and happiness be yours the whole year long. Memberships for the 2018-2019 year will be due March 31st. Plan ahead!		