



Golden Age Activity Centre

212 Raglan St. S

Renfrew

613-431-8289

Open 10am – 3pm

For Seniors 50 and Over

~ October 2018 ~

www.renfrewgoldenage.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Sign up for the Watercolour Class 6 sessions \$40/member	1 11:00 Fitness 1:00 OPP FRAUD PRESENTATION	2 9:30 Fall Colour Tour to the Lanark Highlands 10:00 Carving & Computer Club 1:00 Dominos	3 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games	4 10:00 Organized Bridge (Please call ahead) 1:00 Prep for Dinner	5 11:00 NO Fitness 12:00 Turkey Dinner \$12 1:00 Entertainment Don MacIsaac Homeward Music	6	
7  Happy Thanksgiving	8 Closed Thanksgiving Monday	9 10:00 Carving 10:00 - 12:00 Computer Club 1:00 Line Dance Lessons with Val Penno	10 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games	11 10:00 Organized Bridge (Please call ahead) 1:00 VOTER Information Session	12 11:00 Fitness 12:00 Grilled Cheese \$6 1:00 Entertainment by Wendy Phillips	13	
14	15 11:00 Fitness 1:00 Cards, Puzzles & Games and Bid Euchre Victorian Tea <i>Hosted by CLRS</i> \$10 per person- table of 8 Renfrew Armouries 6pm	16 10:00 Carving 1:00 Line Dance Lessons with Val Penno	17 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games	18 10:00 Organized Bridge 10:00: Watercolour Class with Frank Harper Wk #1 1:00 Renfrew County Mobile Ger. Day Hospital presents Influenza & Handwashing	19 11:00 Fitness 12:00 Oktoberfeast Lunch \$10 Includes entertainment by Rick Leben	20 Oktoberfeast Sausage, Sauerkraut, potato pancakes, red cabbage slaw, bun, dessert, tea or coffee	
21	22 11:00 Fitness 1:00 Halloween  Special prizes! Municipal Election Day Vote Online at the Centre	23 10:00 Carving 1:00 Line Dance Lessons with Val Penno	24 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games	25 10:00 Organized Bridge (Please call ahead) 10:00: Watercolour Class With Frank Harper Week 2 1:00 Kerri the Storyteller <i>The Old Cook Stove</i>	26 11:00 Fitness 12:00 Turkey pie Lunch \$6 1:00 Entertainment 1-3pm Wellness Clinic Christmas Shopping Adventure 5 until 9 RCAF Wing	27 	
28 Some programs may be changed due to unforeseen Circumstances Please Call Ahead	29 11:00 Fitness 1:00 - 1:45 Vist from The St. Thomas Apostle School Choir	30 10:00 Carving 1:00 Line Dance Lessons with Val Penno 2:00 Pharmacy Hour	31 11:00 Fitness 11:45 Soup & Bun Lunch \$5 12:45 Bid Euchre Tournament \$10 (Includes lunch) Sign up Early	Check out our "3rd Annual Christmas Shopping Adventure" at the RCAF Wing on Fri.Oct 26th - 5pm to 9pm FREE ADMISSION *Vendors * Food * Silent Auction* * 50/50 Draw * Penny Auction * Bake Sale * * Bring a friend and support your Centre *			