



# Golden Age Activity Centre



212 Raglan St. S

Renfrew

613-431-8289

Open 10am – 3pm

For Seniors 50 and Over

~ April 2019 ~

[www.renfrewgoldenage.ca](http://www.renfrewgoldenage.ca)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 11:00 Fitness 1:00 Cards, Puzzles & Games and Bid Euchre 	<b>2</b> 10:00 Carving & Computer Club with <b>Jim Panton</b>  1:00 Dominos & Games	<b>3</b> 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games	<b>4</b> 10:00 Organized Bridge (Please call ahead) 1:00 Wii Bowling	<b>5</b> 11:00 Fitness 12:00 Grilled Cheese & Salad \$5 1:00 Entertainment <b>Don MacIsaac</b> <i>Homeward Music</i>	<b>6</b>
<b>7</b> <u><i>Volunteer Week</i></u>	<b>8</b> 11:00 Fitness 1:00 Cards, Puzzles & Games and Bid Euchre	<b>9</b> 10:00 Carving & Computer Club 1:00 Dominos & Games	<b>10</b> 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games	<b>11</b> 10:00 Organized Bridge (Please call ahead) 1:00 <b>Nutrition Coaching with Pat</b>	<b>12</b> 11:00 Fitness 12:00 Mac & Cheese \$6 1:00 Entertainment <b>Pierre Desmarais</b>	<b>13</b>
<b>14</b>	<b>15</b> 11:00 Fitness 1:00 Easter Bingo	<b>16</b> 10:00 Carving & Computer Club 1:00 Dominos & Puzzles	<b>17</b> 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games	<b>18</b> 10:00 Organized Bridge (Please call ahead) 1:00 Scrabble & Cribbage	<b>19</b> <b>Good Friday</b>	<b>20</b>
<b>21</b> <b>Easter Sunday</b> 	<b>22</b> <b>NO Fitness</b> 11:00 Easter Brunch \$6 Get your tickets early 1:00 Cards, Puzzles & Games and Bid Euchre	<b>23</b> 10:00 Carving & Computer Club 1:00 Dominos & Puzzles	<b>24</b> 11:00 Fitness 11:45 Soup & Bun Lunch \$5 12:45 <b>Bid Euchre Tournament \$10</b> (Includes lunch) Sign up Early	<b>25</b> 10:00 Organized Bridge (Please call ahead) 1:00 Wii Bowling	<b>26</b> 11:00 Fitness 12:00 Ham & Beans \$6 1:00 Entertainment <b>Murray Langford &amp; The Kohlsmiths, Darrell Mooney &amp; Larry Dougherty</b>	<b>27</b>
<b>28</b>	<b>29</b> 11:00 Fitness 1:00 Cards, Puzzles & Games and Bid Euchre	<b>30</b> 10:00 Carving & Computer Club  1:00 Dominos & Games	<b>Just a reminder your memberships are due.</b> <b>Only \$20 for the year April 1<sup>st</sup>, 2019 to March 31<sup>st</sup>, 2020</b> ***** <b>Bid Euchre Tournament on April 24<sup>th</sup> – Sign up early</b> <b>Programs may change on short notice, check us out on Facebook</b> <b>Golden Age Activity Centre or on our webpage</b>			