



Golden Age Activity Centre

Renfrew 613-431-8289





212 Raglan St. S

Open 10am – 3pm

For Seniors 50 and Over

~ May 2019 ~

www.renfrewgoldenage.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>We are heading to the Tulip Festival May 14th. Seats \$20 per member, \$25 for non-member. 9 to 5pm Sign up and pay by May 9th</p> <p>*****</p> <p>Beginners Watercolour Class Mondays for 6 wks. \$40 Intermediate Watercolour Class Thursdays for 6 weeks: \$40</p> <p>June is Seniors Month!!</p>			<p>1 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games</p>	<p>2 10:00 Organized Bridge (Please call ahead) 1:00 Prep for Sale</p>	<p>3 11:00 Fitness 12:00 Ham & Salad Lunch \$6 1:00 Karaoke 2:30 Prep for Sale</p>	<p>4 Downtown Garage Sale</p>  <p>8:30 to Noon <i>Thank you for your support</i></p>
5	<p>6 10:00: Watercolour Class with Frank Harper Wk #1 11:00 Fitness 1:00 Cards, Puzzles & Games and Bid Euchre</p>	<p>7 10:00 Carving & Computer Club 1:00 Dominos & Games</p>	<p>8 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games</p>	<p>9 10:00 Organized Bridge (Please call ahead) 10:00: Watercolour Class with Frank Harper Wk #1 1:00 Wii Bowling</p>	<p>10 11:00 Fitness 12:00 Sandwich Lunch \$6 1:00: Entertainment Sing-a-Long with Donna Jones</p>	11
	<p>13 10:00: Watercolour Class with Frank Harper Wk #2 11:00 Fitness 1:00 Bingo</p>	<p>14 Trip to see the Tulips Leaving at 9am- 5pm 10:00 Carving & Computer Club 1:00 Dominos & Games</p>	<p>15 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games</p>	<p>16 10:00 Organized Bridge (Please call ahead) 10:00: Watercolour Class with Frank Harper Wk #2 1:00 Darts for fun</p>	<p>17 11:00 No Fitness 12:00 Baked Ziti Lunch \$6 1:00 Entertainment With Frank & Friends</p>	18
19	<p>20</p> <p>Victoria Day Closed</p>	<p>21 10:00 Carving & Computer Club 1:00 Mobile Geriatric Day Hosp Session on Hypertension</p>	<p>22 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games</p>	<p>23 10:00 Organized Bridge (Please call ahead) 10:00: Watercolour Class with Frank Harper Wk #3 1:00 Wii Bowling</p>	<p>24 11:00 Fitness 12:00 Fish & Chips \$6 1:00 Entertainment Gaston Morreau</p>	25
26	<p>27 10:00: Watercolour Class with Frank Harper Wk #3 11:00 Fitness 1:00 Cards, Puzzles & Games and Bid Euchre</p>	<p>28 10:00 Carving & Computer Club 1:00 Dominos & Games</p>	<p>29 11:00 Fitness 12:00 Soup & Bun Lunch \$5 1:00 Bid Euchre & Games</p>	<p>30 10:00 Organized Bridge (Please call ahead) 10:00: Watercolour Class with Frank Harper Wk #4 1:00 Tour India with Ben & Raj</p>	<p>31 11:00 Fitness 12:00 Pizza Lunch \$5 1:00 Entertainment To Be Determined!</p>	